



# MAG. TONI BERETZKI



Date of birth: 30. November 1969

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## **MILITARY CAREER**



Since 2017 Military Sports Department, Commanding officer (rank as major)
of Austrian Armed Forces and Special Forces
1995 - 1999 Teamleader special ops, rank as a captain.
1989 - 1995 Military training at the Special Forces in parachuting,
sniper and close combats
Instructor for special forces training, rank as a lieutenant
1988 - 1989 Military academy, rank as a sergeant





Since 2017: SK Rapid Wien, Vienna, Austria

High Performance Director and Head Athletic Coach

- Periodization, planning and cyclisation of athletic training for the first team
- Conception of athletic diagnostics and test systems for youth teams, academy and
- first team
- Design of individual strength-weakness profiles for the first team squad and youth
- teams
- Planning and conception of personalized training for first team and youth teams
- players based on the strength-weakness profiles
- Overseeing physiotherapy and "back to team" concepts for injured players



2013 - 2016: US Men's and Women's Alpine Ski Team, Park City, USA

High Performance Director and Head Athletic Coach World Cup Women's and Men's Team

- Periodization, planning and cyclisation of athletic training for women's and men's speed teams
- Diagnostic and test design
- Conception of travel plans
- Conception of adaptation plans for elevation and climate zone changes



2019-2012: Trenkwalder Admira (soccer) and Guessing Knights (basketball), Austria Conditioning Coach

- Periodization, planning and cyclisation of athletic training for first team
- Conception of athletic diagnostics and test systems for first team
- Design of individual strength-weakness profiles for the first team squad
- Planning and conception of personalized training for first team based on the strength-weakness profiles
- Overseeing physiotherapy and "back to team" concepts for injured players



2006-2009: Spartak Moscow, Moscow, Russia Conditioning Coach

- Conception of adaptation plans for foreign players > adaptation to temperatures, climate, living conditions and training habits
- Periodization, planning and cyclisation of athletic training for first team
- Conception of athletic diagnostics and test systems for first team
- Design of individual strength-weakness profiles for the first team squad
- Planning and conception of personalized training for first team based on the strength-weakness profiles
- Overseeing physiotherapy and "back to team" concepts for injured players





2005-2006: Red Bull Salzburg, Salzburg, Austria Conditioning coach

- Periodization, planning and cyclisation of athletic training for first team
- Planning and conception of personalized training for first team based on strength-weakness profiles
- Overseeing physiotherapy and "back to team" concepts for injured players



2004-2005: Austrian Soccer Academy Kaernten, Klagenfurt, Austria Sports Scientist and Trainer

Periodization, planning and cyclisation of athletic training for second team



2000-2004: Men National Alpine Ski Team, Innsbruck, Austria Conditioning Coach

- Periodization, planning and cyclisation of athletic training for World Cup speed team
- Personalized training concepts for every single athlete
- Training concepts for injured athletes



2000-2002: Professional Cycling Team Stabil

**Trainer** 

Team training concepts



1998 - 1999: Personal Coach of Ski Slalom World Cup Winner Thomas Sykora Conditioning coach and Personal Coach

Periodization, planning and cyclisation of athletic training for World Cup



1996-1999: Military Sports High School

**Instructor and Trainer** 

• Responsible for national teams in biathlon, cross country and pentathlon

## **EDUCATION**



#### 1998-1999

Education in sports high school, degrees for trainer in football, professional cycling, alpine skiing military sports and general physical education

1990-1994

Studies of sports science, trainings science and sports management at the universities of Vienna and Graz, Austria

1990-1994

Seminars und additional education in methods of commanding, communication and moderation in economies and military

1984-1988

Gymnasium Güssing, Austria



Toni Beretzki with Roman Pavlychenko, Top Scorer of Russian soccer Championship season 2006-2008 and Martin Stranzl at the training base of Spartak Moscow.



### SPORTS SUCCESSES 1999-2018



- Gold, silver and bronze medals in alpine skiing at the Olympic games 2014 in Sochi,
   Russia with Ted Ligety, Andrew Weibrecht, Bode Miller
- Skiworldcup overall wins and wins in disciplines Super G and downhill with Stefan Eberharter and Hermann Maier
- Olympic gold, silver and bronze medals at the olympic games of Salt Lake City 2002 in alpine skiing with Hermann Maier, Stefan Eberharter and Hans Knauss
- World champion and second rank in Ski world championships in St. Moritz with Stefan Eberharter and Hans Knauss
- Austrian champion in professional cycling with Hans Peter Obwaller and Sigi Bauer Second overall ranking at the Austrian procycling tour with team Stabil
- Second overall ranking at the Austrian soccer championship with Red Bull Salzburg, Headcoach Kurt Jara (former Hamburg SV and 1.FC Kaiserslautern in Germany, Grasshoppers Zuerich in Switzerland)
- 2xSecond overall ranking at the Russian soccer championship 2006 and 2007 with Spartak Moscow, Headcoach Stanislav Cherchesov, competitor at the Champions league and UEFA Cup
- 1xSecond overall ranking and champion at the Austrian soccer championship with Trenkwalder Admira
- Winner of the world championships in cross country skiing 1999 in Ramsau with the Austrian national team



Toni Beretzki (left) with Stephan Eberharter, Austrian alpine ski national team, winning the Gold Medal in Giant Slalom at the Olympic Games Salt Lake City 2002.



Toni Beretzki with Zlatan Ibrahimovic.



Toni Beretzki with Steffen Hofmann.